

After  
playing  
outside



After  
touching  
animals

After  
coughing  
and  
sneezing



# Be a Good Hand Washer

After  
using the  
bathroom



Before  
eating



Good  
handwashing  
takes 20 seconds,  
or the time it takes  
to sing one verse of  
"Old MacDonald Had  
a Farm."



E-I-E-I-OOO!



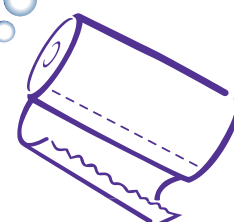
Wash with soap  
and warm water



Sing for  
20 seconds



Rinse



Dry